



Tree of Life Discipleship Series

Booklet 2

Nutrients

Oh, how I love your law!
I meditate on it all day long. Psalm 119:97

How sweet are your words to my taste,
sweeter than honey to my mouth! Psalm 119:103

Your word is a lamp to my feet
and a light for my path. Psalm 119:105

Booklet 2 – Nutrients

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Symbols Used in the Series



When you see this symbol in the booklets, stop and pray right then about what God is saying to you.



When you see this symbol it means there is a homework assignment to do.



When you see this symbol it means the subject is like a deep well and requires special thought.

33	I Timothy 1-3	Numbers 1-4	I Chronicles 5-9	Psalms 96-98	Proverbs 17-18	Daniel 7-12	I John 5-6
34	I Timothy 4-6	Numbers 5-8	I Chronicles 10-14	Psalms 99-101	Proverbs 19	Hosea 1-7	I John 7-9
35	II Timothy 1-2	Numbers 9-12	I Chronicles 15-19	Psalms 102-104	Proverbs 20-21	Hosea 8-14	I John 10-12
36	II Timothy 3-4	Numbers 13-16	I Chronicles 20-24	Psalms 105-107	Proverbs 22	Joel	I John 13-15
37	Titus	Numbers 17-20	I Chronicles 25-29	Psalms 108-110	Proverbs 23-24	Amos 1-4	I John 16-18
38	Philemon	Numbers 21-24	II Chronicles 1-5	Psalms 111-113	Proverbs 25	Amos 5-9	I John 19-21
39	Hebrews 1-4	Numbers 25-28	II Chronicles 6-10	Psalms 114-116	Proverbs 26-27	Obadiah	Acts 1-2
40	Hebrews 5-7	Numbers 29-32	II Chronicles 11-15	Psalms 117-118	Proverbs 28	Jonah	Acts 3-4
41	Hebrews 8-10	Numbers 33-36	II Chronicles 16-20	Psalms 119	Proverbs 29-30	Micah	Acts 5-6
42	Hebrews 11-13	Deuteronomy 1-3	II Chronicles 21-24	Psalms 120-121	Proverbs 31	Nahum	Acts 7-8
43	James 1-3	Deuteronomy 4-6	II Chronicles 25-28	Psalms 122-124	Ecclesiastes 1-2	Habakkuk	Acts 9-10
44	James 4-5	Deuteronomy 7-9	II Chronicles 29-32	Psalms 125-127	Ecclesiastes 3-4	Zephaniah	Acts 11-12
45	I Peter 1-3	Deuteronomy 10-12	II Chronicles 33-36	Psalms 128-130	Ecclesiastes 5-6	Haggai	Acts 13-14
46	I Peter 4-5	Deuteronomy 13-15	Ezra 1-5	Psalms 131-133	Ecclesiastes 7-8	Zechariah 1-7	Acts 15-16
47	II Peter	Deuteronomy 16-19	Ezra 6-10	Psalms 134-136	Ecclesiastes 9-10	Zechariah 8-14	Acts 17-18
48	I John 1-3	Deuteronomy 20-22	Nehemiah 1-4	Psalms 137-139	Ecclesiastes 11-12	Malachi	Acts 19-20
49	I John 4-5	Deuteronomy 23-25	Nehemiah 5-9	Psalms 140-142	Song of Sol. 1-2	Revelation 1-6	Acts 21-22
50	II John	Deuteronomy 26-28	Nehemiah 10-13	Psalms 143-145	Song of Sol. 3-4	Revelation 7-11	Acts 23-24
51	III John	Deuteronomy 29-31	Esther 1-5	Psalms 146-148	Song of Sol. 5-6	Revelation 12-17	Acts 25-26
52	Jude	Deuteronomy 32-34	Esther 6-10	Psalms 149-150	Song of Sol. 7-8	Revelation 18-22	Acts 27-28



Lesson 1 – The Word of God

In this lesson you will learn:

- Jesus is the living Word of God and the Bible is the written word of God.
- Every book in the Bible points to Jesus.

After a tree has anchored roots in the soil it can begin to pull nutrients (food) for growth. In the same way you have planted your salvation in Jesus Christ and become anchored in him. Now it is time to feed on his nutrients and grow in Christ-like maturity.

Our nutrients come from the Word of God.

1) Read John 1:1-14 and Revelation 19:11-13. Who is meant by, 'the Word' and 'the Word of God'?



Jesus is the Word of God because he is one with all that God is. Therefore God speaks to us through Jesus Christ. This is a deep mystery man cannot yet fully understand. Nevertheless, it is a wonderful truth worthy of deep thinking.

2) Look up Colossians 1:19 and John 14:9-11. What do these passages tell you about the relationship between God the Father and Jesus the Son?

3) Read what Jesus said about the Scriptures in John 5:39. According to this, what is the purpose of the Bible?

One Year Bible Reading Plan						
Epistles	The Law	History	Psalms	Poetry	Prophecy	Gospels
Week (Sunday)	(Monday)	(Tuesday)	(Wednesday)	(Thursday)	(Friday)	(Saturday)
1 Romans 1-2	Genesis 1-3	Joshua 1-5	Psalms 1-2	Job 1-2	Isaiah 1-6	Matthew 1-2
2 Romans 3-4	Genesis 4-7	Joshua 6-10	Psalms 3-5	Job 3-4	Isaiah 7-11	Matthew 3-4
3 Romans 5-6	Genesis 8-11	Joshua 11-15	Psalms 6-8	Job 5-6	Isaiah 12-17	Matthew 5-7
4 Romans 7-8	Genesis 12-15	Joshua 16-20	Psalms 9-11	Job 7-8	Isaiah 18-22	Matthew 8-10
5 Romans 9-10	Genesis 16-19	Joshua 21-24	Psalms 12-14	Job 9-10	Isaiah 23-28	Matthew 11-13
6 Romans 11-12	Genesis 20-23	Judges 1-6	Psalms 15-17	Job 11-12	Isaiah 29-33	Matthew 14-16
7 Romans 13-14	Genesis 24-27	Judges 7-11	Psalms 18-20	Job 13-14	Isaiah 34-39	Matthew 17-19
8 Romans 15-16	Genesis 28-31	Judges 12-16	Psalms 21-23	Job 15-16	Isaiah 40-44	Matthew 20-22
9 I Corinthians 1-2	Genesis 32-35	Judges 17-21	Psalms 24-26	Job 17-18	Isaiah 45-50	Matthew 23-25
10 I Corinthians 3-4	Genesis 36-39	Ruth	Psalms 27-29	Job 19-20	Isaiah 51-55	Matthew 26-28
11 I Corinthians 5-6	Genesis 40-43	I Samuel 1-5	Psalms 30-32	Job 21-22	Isaiah 56-61	Mark 1-2
12 I Corinthians 7-8	Genesis 44-47	I Samuel 6-10	Psalms 33-35	Job 23-24	Isaiah 62-66	Mark 3-4
13 I Cor. 9-10	Genesis 48-50	I Samuel 11-15	Psalms 36-38	Job 25-26	Jeremiah 1-6	Mark 5-6
14 I Cor. 11-12	Exodus 1-4	I Samuel 16-20	Psalms 39-41	Job 27-28	Jeremiah 7-11	Mark 7-8
15 I Cor. 13-14	Exodus 5-8	I Samuel 21-25	Psalms 42-44	Job 29-30	Jeremiah 12-16	Mark 9-10
16 I Cor. 15-16	Exodus 9-12	I Samuel 26-31	Psalms 45-47	Job 31-32	Jeremiah 17-21	Mark 11-12
17 II Cor. 1-3	Exodus 13-16	II Samuel 1-4	Psalms 48-50	Job 33-34	Jeremiah 22-26	Mark 13-14
18 II Cor. 4-5	Exodus 17-20	II Samuel 5-9	Psalms 51-53	Job 35-36	Jeremiah 27-31	Mark 15-16
19 II Cor. 6-8	Exodus 21-24	II Samuel 10-14	Psalms 54-56	Job 37-38	Jeremiah 32-36	Luke 1-2
20 II Cor. 9-10	Exodus 25-28	II Samuel 15-19	Psalms 57-59	Job 39-40	Jeremiah 37-41	Luke 3-4
21 II Cor. 11-13	Exodus 29-32	II Samuel 20-24	Psalms 60-62	Job 41-42	Jeremiah 42-46	Luke 5-6
22 Galatians 1-3	Exodus 33-36	I Kings 1-4	Psalms 63-65	Proverbs 1	Jeremiah 47-52	Luke 7-8
23 Galatians 4-6	Exodus 37-40	I Kings 5-9	Psalms 66-68	Proverbs 2-3	Lamentations	Luke 9-10
24 Ephesians 1-3	Leviticus 1-3	I Kings 10-13	Psalms 69-71	Proverbs 4	Ezekiel 1-6	Luke 11-12
25 Ephesians 4-6	Leviticus 4-6	I Kings 14-18	Psalms 72-74	Proverbs 5-6	Ezekiel 7-12	Luke 13-14
26 Philippians 1-2	Leviticus 7-9	I Kings 19-22	Psalms 75-77	Proverbs 7	Ezekiel 13-18	Luke 15-16
27 Philippians 3-4	Leviticus 10-12	II Kings 1-5	Psalms 78-80	Proverbs 8-9	Ezekiel 19-24	Luke 17-18
28 Colossians 1-2	Leviticus 13-15	II Kings 6-10	Psalms 81-83	Proverbs 10	Ezekiel 25-30	Luke 19-20
29 Colossians 3-4	Leviticus 16-18	II Kings 11-15	Psalms 84-86	Proverbs 11-12	Ezekiel 31-36	Luke 21-22
30 I Thes. 1-3	Leviticus 19-21	II Kings 16-20	Psalms 87-89	Proverbs 13	Ezekiel 37-42	Luke 23-24
31 I Thes. 4-5	Leviticus 22-24	II Kings 21-25	Psalms 90-92	Proverbs 14-15	Ezekiel 43-48	John 1-2
32 II Thessalonians	Leviticus 25-27	I Chronicles 1-4	Psalms 93-95	Proverbs 16	Daniel 1-6	John 3-4

- 4) The Bible is a basket the Holy Spirit uses to carry us to Jesus. When we look closely, we see every book of the Bible points to Jesus, at least through analogy (symbolically).

Old Testament Book	Main Revelation About Jesus
Genesis	The Seed of the Woman
Exodus	The Passover Lamb
Leviticus	The High Priest
Numbers	The Cloud and The Fire
Deuteronomy	The Prophet Like Moses
Joshua	The Captain of Our Salvation
Judges	The Judge And Lawgiver
Ruth	The Kinsman Redeemer
1 & 2 Samuel	The Prophet of The Lord
1 & 2 Kings	The Lord Our King
1 & 2 Chronicles	The Reigning King
Ezra	The Faithful Scribe
Nehemiah	The Rebuilder of the Walls
Esther	He is Our Mordecai
Job	The Dayspring From on High
Psalms	The Lord Who Is Our Shepherd
Proverbs & Ecclesiastes	The Wisdom of Jesus
Song of Solomon	The Lover (church) & Bridegroom (Jesus)
Isaiah	The Suffering Servant
Jeremiah & Lamentations	The Weeping Prophet
Ezekiel	The Son of Man
Daniel	The Son of Man coming in the clouds of Heaven
Hosea	The Bridegroom
Joel	The Baptizer With The Holy Spirit
Amos	The Burden Bearer
Obadiah	The Mighty Savior
Jonah	The Forgiving God
Micah	The Messenger With Beautiful Feet
Nahum	The Avenger of God's Elect
Habakkuk	The Great Evangelist, Crying For Revival
Zephaniah	The Restorer of the Remnant
Haggai	The Cleansing Fountain
Zachariah	The Pierced Son
Malachi	The Son of Righteousness

The Bible is the greatest book given to humans. Daily study is not painful, but the joyous blessing of personal time spent with the Creator. Enjoy God through using his Bible.



Spend time in prayer to commit when and where you will maintain daily quiet times.



Ask a friend to make you accountable for daily quiet times.

Review of Lesson 4

- Your quiet time with Jesus is the most important part of the day.
- Using the Bible is a great way to spend time with Jesus.
- At the beginning of each day, read a section of the Bible, meditate, and pray.

Summary of Booklet 2 - Nutrients

- Jesus is the living Word of God.
- The Holy Spirit uses the Bible to carry us to Jesus.
- The Bible is trustworthy.
- Have daily quiet times with Jesus.

New Testament Book	Main Revelation
Matthew	The Messiah
Mark	The Miracle Worker
Luke	The Son of Man
John	The Son of God
Acts	The Ascended Lord
Romans	The Justifier
1 & 2 Corinthians	The Last Adam
Galatians	The One Who Sets Us Free
Ephesians	The Christ of Riches
Philippians	The God Who Meets Our Every Need
Colossians	The Fullness of The Godhead
1 & 2 Thessalonians	The Soon Coming King
1 & 2 Timothy	The Mediator Between God And Man
Titus	The Blessed Hope
Philemon	The Friend, Closer Than a Brother
Hebrews	The Blood That Washes Away My Sins
James	The Great Physician
1 & 2 Peter	The Chief Shepherd
1 & 2 & 3 John	Everlasting Love
Jude	The God our Savior
Revelation	The King of Kings and the Lord of Lords!

This chart shows a few of the many prophecies about Jesus written in the Old Testament. They were first recorded more than 500 years before Jesus.

Topic	Prophecy	Fulfillment
Place of birth	"But you, Bethlehem Ephrathah, though you are small among the clans of Judah, out of you will come for me one who will be ruler over Israel, whose origins are from of old, from ancient times" (Micah 5:2). 700 BC.	"Jesus was born in Bethlehem in Judah" (Matthew 2:1).
Born of a virgin	"The virgin will be with child and will give birth to a son, and will call him Immanuel" (Isaiah 7:14), 700 BC.	"His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be with child through the Holy Spirit" (Matthew 1:18).
His triumphal entry	"Rejoice greatly, O Daughter of Zion! Shout, Daughter of Jerusalem! See, your king comes to you, righteous and having salvation, gentle and riding on a donkey, on a colt, the foal of a donkey" (Zechariah 9:9), 500 BC.	"They took palm branches and went out to meet him, shouting, 'Hosanna! Blessed is he who comes in the name of the Lord! Blessed is the King of Israel!' Jesus found a young donkey and sat upon it" (John 12:13-14).
His rejection	"He was despised and rejected by men ... Like one from whom men hide their faces he was despised, and we esteemed him not" (Isaiah 53:3), 700 BC.	"He came to that which was his own, but his own did not receive him" (John 1:11).
Crucified with sinners	"He ... was numbered with the transgressors" (Isaiah 53:12), 700 BC.	"Two robbers were crucified with him, one on his right and one on his left" (Matthew 27:38).
Hands and feet pierced	"They have pierced my hands and my feet" (Psalm 22:16), 1000 BC.	"Put your finger here; see my hands. Reach out your hand and put it into my side" (John 20:27).
His resurrection	"You will not abandon me to the grave, nor will you let your Holy One see decay" (Psalm 16:10), 1000 BC.	"You killed the author of life, but God raised him from the dead" (Acts 3:15).
His ascension	"You ascended on high" (Psalm 68:18), 1000 BC.	"He was taken up before their very eyes, and a cloud hid him from their sight" (Acts 1:9).

The Bible is the error-free written word of God. Its truth must, therefore, guide our faith. However, we must not allow the Bible to become a talisman or good luck charm. The truth about Jesus found in the Bible is to be loved, not the ink, paper, and leather. God alone (Father, Son, Spirit) is to be worshiped.



There is one God but in three persons known as the Trinity: God, Jesus, Holy Spirit. Just as you have three

15) In John 15:7, what is the condition Jesus gives for receiving what you ask for?

Tips For Reading the Bible

- Begin with the Gospel of John.
- Use a system to ensure you eventually read the entire Bible (see chart on last page).
- Read both Testaments, however, spend more time reading the New Testament. The covenant (agreement) found in the New Testament fulfills and replaces the covenants of the Old Testament.
- As you read, understand how the Spirit of Jesus is speaking into your life.
- Read slowly and apply the truths shown to you. Learn the habit of acting on lessons, even if they call for self-sacrifice.
- Be patient with the Spirit's teaching of truth in his time. Bible study is a lifelong task.
- Understand passages by how they fit into their books and into the whole Bible. Read all the Bible has to say on a subject.
- Spend most of your time meditating on the basic truths (See Booklet 1, Roots, Lesson 4).
- Allow the Holy Spirit to reveal the eternal truth of each passage, rather than only copying the cultural ways.

16) As an example of the last point above, read 2 Corinthians 13:12. What is the cultural command? How can you put the eternal truth into action if kissing is not acceptable in your culture?

- Develop deep friendship with Jesus.
- Receive strength for the coming day.

Not all of these goals are met every day; however, it is good to spend enough time to receive all that God has for you that day.

14) According to Matthew 6:6, who should be present when you have your quiet time?



There are many good methods for quiet times, and even printed daily guides. The following is one method of daily quiet times. Begin in a place where you can be alone with Jesus. Morning time is best, before you begin any other task. Ask what heart-work should come first, then read one chapter of Scripture. Next, allow the Holy Spirit to highlight the few words on which you are to meditate. Fight your old nature into repentance to those words. Prayer and writing in a journal will help seal the lesson into action.

A good way to pray is to use this order A.C.T.S.:

- A-Adoration (praise) of the Trinity.
- C-Confess known sins.
- T-Thanksgiving for all God is doing for you.
- S-Supplication (asking) for other's and your needs.

The true disciple will strive to keep Jesus at the center of every activity through on-going prayer.

As you advance in prayer, you will learn to listen to Jesus as much as you talk. By listening to Jesus, you pray according to his will. When you pray according to his will, and wait on his timing, he grants every request. Thus, in true prayer you wrestle to understand his desires.

parts (body, mind, and spirit), so God has three persons.

Review of Lesson 1

- Jesus is the living Word of God, and the Bible is the written word of God.
- Every book in the Bible points to Jesus.



Lesson 2 – Overview of the Bible

In this lesson you will learn:

- How the Bible was written.
- The Bible reveals the character of God, Jesus, and the Holy Spirit.
- Summary of the contents of the Bible.

The Bible is a collection of sixty-six books by forty different writers. They wrote in Hebrew, a small part in Aramaic, and in Greek.

4) Read 2 Peter 1:21. Who inspired the words of the prophets?

5) According to 2 Timothy 3:14-17, what is the source of Scripture?

6) In Hebrews 4:12, what parts of the human being can the word of God affect?

The Bible is trustworthy because God breathed the words into the writers. The Bible provides a record of how the Father, Jesus, and the Holy Spirit showed themselves to the world. It tells us that God is unchanging, merciful, compassionate, against sin, pure, all knowing, all powerful, and yet he is also humble to the point he accepted punishment and death at the hands of men. These true qualities of God are only found in the Christian Bible.

The following chart summarizes the contents of the Bible.

Old Testament Books		New Testament Books	
Point Forward to Jesus (39 Books)	Point Backward to Jesus (27 Books)		
History	Poetry	History	Teaching
Law Genesis Exodus Leviticus Numbers Deuteronomy History and government Joshua Judges Ruth 1 Samuel 2 Samuel 1 Kings 2 Kings 1 Chronicles 2 Chronicles Ezra Nehemiah Esther	Major Prophets Job Psalms Proverbs Ecclesiastes Song of Solomon Minor Prophets Hosea Joel Amos Obadiah Jonah Micah Nahum Habakkuk Zephaniah Haggai Zechariah Malachi	Gospels Matthew Mark Luke John The Early Church Acts	Paul's Letters Romans 1 Corinthians 2 Corinthians Galatians Ephesians Philippians Colossians 1 Thessalonians 2 Thessalonians 1 Timothy 2 Timothy Titus Philemon General Letters Hebrews James 1 Peter 2 Peter 1 John 2 John 3 John Jude
	400 Years of Silence Before the Cross	Revelation Prophecy	



Memorize the sections in the chart above and learn which section each book belongs to. This will help you as you use the Bible for the rest of your life. Ask a friend to test you.

A daily time of feeding on the teachings of Jesus is more important than eating food each day. Food only helps the body, which is not the real you. The real you is your soul and spirit. That is the part of you that will last through eternity and must be fed and encouraged to grow daily.

12) In John 6:48-51 what does Jesus compare himself to? What does this teach you about how often you must feed on the truth of Jesus?

13) Read Luke 5:16 and Mark 1:35. According to these verses, how did Jesus feed with his Father?

Each day, at least once a day, the sincere believer will meet with Jesus and feed on his truth. One of the best ways is to meditate (think deeply) on Scripture and pray. Study of the Bible is good, however, meditation is better. Study results in knowledge, meditation results in a changed heart and changed actions. In meditation we allow the Holy Spirit to show us how to become more like Jesus.

The goals of a daily quiet time are:

- Learn the heart and ways of Jesus.
- Become aware of sin and repent.
- Receive guidance and direction.
- Understand your life from God's point of view.
- Prayer and praise.
- Learn to have a trusting, Christ-centered inner self.

RECOGNITION

Was the book accepted by the early churches and was it in continuous use since the beginning?

TEACHING

Was it in agreement with the teachings of Christ?

In 393 A.D. the Synod of Hippo agreed on the twenty-seven books of the New Testament as we use them today, however, this was not a new decision. They agreed on what had been in the mind of the churches since shortly after the Apostles died. Therefore, there is powerful historical proof that our New Testament should be trusted.

Review of Lesson 3

- The Old Testament was carefully saved by the Jews and approved by Jesus.
- The New Testament is historically proven and was approved by the early church.



Lesson 4 – How to Feed

In this lesson you will learn:

- The most important activity you can do each day.
- Why study the Bible.
- How to study.

11) In Luke 10:38-42 Martha was busy preparing food. Jesus spoke to her and said only one thing was necessary. What was the one thing?

The Catholic and Orthodox Bibles have additional books in the Old Testament. These books were all written between 170 B.C and 70 A.D. (before Jesus) and are not considered important by Protestants. The Protestant, Catholic and Orthodox New Testaments are the same. The current chapter and verse numbering system used in the Bible was added in the 16th century.

Review of Lesson 2

- The Bible was inspired by God.
- The Bible reveals the nature of the Trinity.
- The Old Testament points forward to Jesus, and the New Testament points backward to him.



Lesson 3 – The Bible is Trustworthy

In this lesson you will learn:

- Why we trust the Old Testament.
- Why we trust the New Testament.

The Bible took 1,500 years to write (from 1400 B.C. to 100 A.D.) In those old times, the pages used for books did not last long. Therefore, we no longer have the original documents. It is necessary to understand the history of the Bible so we can verify its source and trust the words.

The books of the Old Testament were carefully guarded by the Israelites. Many committed their life's work to copying and saving each text with the highest standards. Scribes (copiers) were required to be completely bathed and wear special clothes. As line-by-line copies were made, proofreaders counted the letters of each line and checked the count against the original. More proofreaders compared sentence counts of the whole document.

The Jews carefully followed these ways through the many years the Old Testament was guarded.

7) Moses wrote most of first five books of the Old Testament. In Deuteronomy 31:24-26, to whom did Moses give the responsibility of saving the Bible?



The most important proof we have for the Old Testament is that Jesus often quoted from it and used it in his teachings. Jesus' rising from the dead gives him authority to approve the Old Testament.

In 1947 copies of the Old Testament were discovered in eleven caves near the Dead Sea in Palestine. The Jewish scribes used their special methods to make these copies as early as 150 B.C. These were the same Scriptures in use at the time of Jesus. The Dead Sea Scrolls prove that the Old Testament has not changed from before the time of Jesus, until today, more than 2,000 years later.

8) In Luke 24:44, what parts of the Old Testament does Jesus say prophesy about him?

9) First read Matthew 22:41-46. Now compare the words of Jesus to Psalm 110:1. Based on this comparison, how would you describe the respect Jesus had for the Old Testament?

We have the words of Jesus to prove the Old Testament from its first writing until his time. Then we have the Dead Sea Scrolls to prove the Old Testament from the time of Jesus until now. The result is the Old Testament is unchanged, accurate, and given by God.

The New Testament was written from about 45 A.D. to 100 A.D. While we do not have the original pages, we have more than 5,000 early copies or parts (from before 300 A.D.) that date back to as early as 117 A.D. The Rylands Library Papyrus P52 is a copy of the Gospel of John and dated with scientific methods to between 117 A.D. and 138 A.D. Therefore, we have pages that were made between seventeen and forty-eight years after the originals.

New Testament events are also proved because they are talked about in non-Christian histories (Ex. Tacitus, A.D. 64; Pliny the Younger, A.D. 112; Josephus, A.D. 40-100; Talmud, A.D. 70-200).

10) Read Luke 1:1-4 and John 20:30, 31. Why did Luke and John write their gospels?

The early church fathers wanted to protect the new church from wrong teachings. They established rules for which books were allowed into the New Testament. The three rules for acceptance were:

- APOSTOLIC
- RECOGNITION
- TEACHING

APOSTOLIC

Was it written by an Apostle or by a student or associate of one of the twelve Apostles?